

**Kathleen Elsey**  
**Elsey.com**  
**Basic Techniques of Acrylic Painting**  
**and Be Bright Be Bold Workshops**

**Material List**

- For each day bring two small (11 x 14 or smaller) canvases or canvas boards for quick studies and two larger canvases or canvas boards (12 x 16, 16 x 20, 18 x 24). I paint on Masterpiece and Winsor Newton stretched canvas or linen. If traveling, you might consider canvas boards since they pack together efficiently. Another compact and inexpensive support is a pad of Art Alternatives real canvas sheets. The 11 x 14 or 16 x 20 size would be good for our workshop especially if you are traveling. If you want to frame your work, these canvas sheets will eventually need to be stretched or mounted on a rigid support.

- Palette: I use the largest Masterson sta-wet palette (12 1/2" x 16 1/2"), Masterson palette paper and matching sponge (or watercolor paper) available at most art stores or directly from Masterson in Arizona (800-965-2675). Prepare the palette paper following the instructions before the workshop. I like this palette because it seals up after a painting session and the paint stays moist for weeks. You may also use a 12 x 16 meat tray, a sheet of white plexiglass, a tupperware container or wrap waxed paper around a piece of white cardboard. Be sure you have something big enough to squeeze your paint onto as well as do some mixing.

- Brushes: 2 or 3 "brights" (long-handled with short stiff synthetic bristles) size about 1" wide, 3/4", 1/2", 1/4". I would use the 3 larger sizes above if I were painting an 18 x 24 canvas. If you choose bigger canvases, get the bigger brushes. If you chose 16 x 20 canvases or smaller, you could use the smaller 3 brushes above. For acrylic you need synthetic brushes. I recommend Da Vinci TopAcryl and Isabey Isacryl. If you already have brushes and don't want to buy new ones, bring them and we'll make them work.

- Sketch pad (11 x 14 or slightly bigger) & pencil for notes and sketches
- Rag (white cotton t-shirt material works great)
- Old shirt or apron to wear while painting
- Spray bottle to keep paints wet on palette
- Water bucket

- Paints: I recommend two-ounce high-viscosity tubes of Golden, Tri-Art, Steven Quiller or Liquitex paints. I like the viscosity (thickness), quality and brilliant colors of these brands since I like to paint thick. Bring a small tube of these four colors:

Titanium white  
Cad Yellow Medium  
Cad Red Medium or Alizarin Crimson Hue  
Ultramarine Blue

If you can't resist a couple more colors, add in Cobalt Blue, Yellow Ochre and Cadmium Red Light. And if the sky is the limit, go for Dioxazine Purple, Green Gold, and Jenkins Green.